



The best activities guide around!

JULY 2005



Independence Day Celebration – 4th

Newcomer's Orientation – 19th

Summer Reading Awards Program - 21st

Quarters Beautification Awards Ceremony – 28th

Friendship Triathlon – 31st



CAMP ZAMA 46TH ANNUAL

BON ODORI Festival

Saturday, 6 August 2005

11:00 am - 9.30 pm

(Gates open at 10:30)

(Rain Date: 7 August)

**Games • Entertainment • Music • Food •
Exhibitions • Omikoshi Parade •
Bon Odori • Fireworks**



CALENDAR OF EVENTS



July 2005

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|--|---|---|--|---|--|
| UPCOMING EVENTS: <ul style="list-style-type: none">• Bon Odori Festival - 6 August• National Kidsday - 6 August• NFL Game (Colts - Falcons) - 6 August• Junior Golf Tournament - 12 August• Newcomer's Orientation - 15 August• Youth Soccer Clinic - 23 - 25 August | | | AAFES Organizational Day. Wednesday, 20 July All AAFES facilities will be closed at 1 pm.  | | 1 <ul style="list-style-type: none">• Tokyo Summerland Trip YS• 70's & 80's Music w/DJ Sagami Lounge | 2 <ul style="list-style-type: none">• Nichibei Friendship Golf Tournament CZGC• Fujiky Highland Tour |
| 3 <ul style="list-style-type: none">• Cross Country Mountain Biking at Yatsugatake ODR | 4 <ul style="list-style-type: none">• Tsukiji Fish Market Tour• Tokyo Disneyland/ Disney Sea Tour | 5 <ul style="list-style-type: none">• Family Night Dinner CZCC | 6 <ul style="list-style-type: none">• Mongolian BBQ CZCC | 7 <ul style="list-style-type: none">• Breast Feeding Support Group Meeting ACS | 8 <ul style="list-style-type: none">• Country Music w/DJ Sagami Lounge• Tomodachi Day CZGC | 9 <ul style="list-style-type: none">• Salt Water Fishing ODR• Kamakura Excursion Tour• "Family Night Bowling" Sagami Lounge• Shower Valley Walk and Hot Spring ODR |
| 10 <ul style="list-style-type: none">• Drag Racing at Twin Ring Motegi Tour• NCAA Female All-Star Golfers CZGC• "King of the Hill Bowling" | 11 <ul style="list-style-type: none">• Junior Golf Starts CZGC | 12 <ul style="list-style-type: none">• SHA CDC PAC Meeting• Family Night Dinner CZCC | 13 <ul style="list-style-type: none">• Mechanics Club Auto Craft• Learn to Golf Adult CZGC• Zama CDC PAC Meeting• Mongolian BBQ CZCC | 14 <ul style="list-style-type: none">• Sponsorship Training ACS• Pre-deployment Training ACS• Deployment Readiness Support Group Meeting ACS | 15 <ul style="list-style-type: none">• Community Night CZCC• "Parent's Night Out" Zama CDC• Tomodachi Day CZGC• Field Trip to Shonandai Cultural Center SHA CDC | 16 <ul style="list-style-type: none">• Mt. Fuji Climb ODR• Hawaiian Luau CZCC• Men's Zama Protestant Prayer Breakfast CZGC |
| 17 <ul style="list-style-type: none">• No Tap Tournament Bowling• Yokohama Fireworks Tour | 18 <ul style="list-style-type: none">• Beach Trip to Izu Peninsula YS• Home Run Derby Sports | 19 <ul style="list-style-type: none">• Family Night Dinner CZCC• Newcomer's Orientation CCC | 20 <ul style="list-style-type: none">• Paintball at Yokosuka Naval Base YS• Mongolian BBQ CZCC• Medical Morning and Community Tour ACS | 21 <ul style="list-style-type: none">• Train Class Part I ACS• English Teachers Network Meeting ACS• Summer Reading Awards Program Zama Library | 22 <ul style="list-style-type: none">• Tomodachi Day CZGC• Shopping on the Economy Hob Nob Inn ACS• Country Music w/DJ Sagami Lounge• Steak Night | 23 <ul style="list-style-type: none">• "We Will Rock You" Musical by Queen Tour• Canyoning and Aussie Style BBQ ODR• Train Class Part II ACS |
| 24 <ul style="list-style-type: none">• Hakone Excursion Tour• Yokosuka Shopping Tour• Vacation Bible Study Chapel• Triathlon Sagami Depot | 25 <ul style="list-style-type: none">• Tomodachi Day CZGC• "Preventing Shaken Baby Syndrome" ACS• Play Dodgeball YS | 26 <ul style="list-style-type: none">• Family Night Dinner CZCC | 27 <ul style="list-style-type: none">• Mongolian BBQ CZCC• Mechanics Club Auto Craft | 28 <ul style="list-style-type: none">• Baby Love Seminar ACS• Quarters Beautification Awards Ceremony ACS | 29 <ul style="list-style-type: none">• Field Trip to Sagamihara Park SHA CDC• Payday Scramble CZGC• Fujiky Highland Tour YS | 30 |
| 31 | | | | | | |



Quarters Beautification Competition



There are three awards for each of the following five areas: Camp Zama, Sagamihara Housing Area, Sagami Depot, the High Rises, and single Soldier quarters.

The next awards ceremony is on Thursday, 28 July, 1 - 4 pm, at the winner's quarters.

The support of AAFES and the USA Credit Union for the July Quarters Beautification Competition is sincerely appreciated by all participants and the Camp Zama community. Thanks for your assistance and support.



The U.S. Army Garrison, Japan (USAG-J), MWR, Marketing Branch, produces the Zama Bugle. The Marketing Branch is located in Bldg. 102, B100 (Northeast Corner) South Camp Zama, Japan

Mention of corporate names in this publication does not imply endorsement by the U.S. Army or Federal Government of the United States.



DMWR strives to provide individuals with disabilities reasonable accommodation, and

are included in all community recreation program planning, as appropriate for the activity. For further information, please contact the activity manager on accommodations.

Z A M A Community BUGLE

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THIS MONTH'S COVER

The 4th of July, Independence Day, is one of our significant events in history. This day is not only one of traditional picnics and fireworks, but also one that reminds us of the constitutional freedoms we sometimes take for granted. We are able to reflect on the protection of these freedoms by members of our armed forces who have pledged to safeguard them, often at the cost of their lives. We sincerely appreciate their service and their dedication to the mission. Our military communities are located in many countries where we are partners in maintaining freedom. Bilateral relations with our neighbors enable us to provide some understanding of our cultural differences, and strengthen the mutual bond of friendship as we participate and celebrate together. Our annual Cherry Blossom Festival and Bon Odori are two such examples. This month's Bugle cover shows SPC Christopher Whitted of the 88th M.P. Detachment with one of our guests at a recent event. We will be celebrating Independence Day with our local national workforce in Dewey Park on the 4th with a variety of events ending with traditional fireworks. Be sure to join us



and bring your family to this fun-filled day. Turn to the back page of the Bugle for a schedule of activities for this year's celebration.

Photo credit 78th Signal Bn, VID, Mr. Kiyoshi Tokeshi. Technical enhancement by Hideko McKeta.

■ Chapel Activities • 263-4898

Teachers and helpers needed for Vacation Bible School.

CATHOLIC SERVICES

Mondays - Thursdays, noon - 12:15, daily Mass. Blessed Sacrament Chapel

Sundays, 9:15 am, Mass, Zama Chapel

Childcare is provided for children up to age 36 months from 9 - 10:30 am in Bldg. 502 (building next to the chapel parking lot).

Sundays, 11 am, CCD, Religious Education Center

1st Sunday, 5 pm, Parish Potluck, Religious Education Center

1st Friday, 7:30 pm, CWOC Mass, Blessed Sacrament Chapel

2nd Friday, 7 pm, Our Lady's Rosary Makers, Religious Education Center

PROTESTANT SERVICES

Sundays, 9 am, Sunday School / Team-Kid, Religious Education Center

Sundays, 11 am, Worship Service, Zama Chapel

A nursery is provided for children up to age 36 months at Zama CDS, Bldg 502, during the time of Sunday services only.

Sundays, 5:30 pm, Youth Group, Chapel Annex

SAGAMIHARA INSPIRATIONAL SERVICES

Sundays, 9 am, Sunday School, Sagami-hara Chapel

Sundays, 10:30 am, Worship Service, Sagami-hara Chapel

PENTECOSTAL WORSHIP SERVICE

Sundays, 8 am, Worship service, SHA Chapel

SEVENTH DAY ADVENTIST SERVICES

Saturdays, 9:15 am, Sabbath Worship Service, Zama Chapel

Wednesdays, 6:30 pm, Prayer Meeting Service

Fridays, 6:30 pm, Vespers Service, contact Mr. Gilman at 263-9004 (W) or 046-293-0156 (H)

JEWISH SERVICES

2nd and 4th Friday, 5:30 pm, Yokosuka Naval Base Chapel, LCDR Gersh, 243-9511

ECKANKAR

An introduction to Eckankar, religion of the light and sound of God, at the Religious Education center. Call Sue at 267-6227 for more information.

BUDDHIST SERVICES

(Soka Gakkai International)

Mondays and Fridays, 7 pm, discussion and meditation, SHA Chapel, contact Mr. Fulford at 046-257-0613 or Mr. Connie Slade at 268-4974.

ON GOING BIBLE STUDIES

Wednesdays, 6 - 8 pm, Protestant Women of the Chapel (PWOC) Bible Study, Zama Chapel, Carleen Dunn at 267-6275

Thursdays, 9:30 am, PWOC Bible Study, Carleen Dunn at 267-6275

CHAPEL ACTIVITIES IN JULY

16 July, 6:30 am, Men's Zama Protestant Prayer Breakfast Fellowship, Camp Zama Golf Course.

31 July, 5 pm, Vacation Bible Study Teacher's Meeting.

The Zama Chapel Community has many other programs for you and your family (bible studies, youth groups, men's groups, women's groups, music programs). If you desire more information, please call the chapel at 263-4898.

UPCOMING EVENT:

Rambling Road Trip, Grades 1 - 6 scheduled for 15 - 19 August, 9 am - noon. Call (DRE) Ben Salinero for information at 263-3345).

THE CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS (LDS)

(The Mormons)

Sunday Services, 2 - 5 pm at the LDS Chapel on Highway 16
Tuesday Night Youth Service, 7 pm at the SHA Chapel



\$30 Only

FUJIKYU HIGHLAND TOUR

***** **Friday, 29 July, 8 am - 7 pm** *****

Have you ever ridden in a vehicle going over 100mph? Well, Fujikyū has a roller coaster that goes over 106mph. So, if you think you are up for it, sign up for this trip. There are only 30 seats available to youth center members. You must sign up by 19 July to secure your seat.

T

he Tech Club

is open to all youth services members and meets on Tuesdays at 3:30 pm in the Tech Lab. With professional equipment and software, Tech Lab members learn life skills and on-hands experience by making, editing and producing video commercials, having photo shoots, creating web pages and web sites, and producing graphic designs.

■ Child and Youth Services • 263-4500

www.zamayouthcenter.org

YOUTH SERVICES HIGH SCHOOL LEADERSHIP PROGRAMS (9 - 12 GRADES)

• **Keystone Club**

is a high school leadership group who creates and maintains high standards of health, education, character and citizenship for teens to develop into responsible, productive adults. The Keystone Club offers teens the opportunity to: develop and use leadership skills; contribute to the community through service and volunteerism; foster understanding and respect between groups and individuals; learn life skills and information to live a responsible, fulfilled life; understand and participate in the free

enterprise system through fund raising activities; enjoy fellowship and develop self-confidence. The Keystone Club meets twice a month at the CZ Youth Center.

• **Torch Club**

is a middle school leadership group designed to assist girls and boys in becoming productive citizens. A Torch Club consists of an adult advisor and 6 - 15 boys and girls. Torch Club members learn that they can make a difference in the world by taking an active and responsible role in setting the direction of their own lives. By helping others, they experience the gratification and self-esteem that comes with being wanted and needed. The Middle School Torch Club meets Mondays at the CZ Youth Center.

• **The Camp Zama DJ Club**

is a high school leadership club which promotes music as a fine art. The DJ Club learns and discusses the different types of music available to youth today. The club also practices and masters the youth center's state of the art DJ equipment to prepare for all MS and HS dances. HS DJ Club members are required to mentor MS youth. The DJ Club meets every 2nd and 4th Monday of the month at the Camp Zama Youth Center.

Youth Center July Activities

- **Beach Trip to Izu Peninsula - 18 July**
Have you ever been to a white sandy beach in Japan? The Zama Youth Center is sponsoring a trip to the Izu Peninsula. This peninsula is Japan's answer to the French Riviera, with some of the country's most picturesque beaches and mountain ranges. The bus will depart the Zama Youth Center at 8:30 am and return at 7 pm.
- **Paintball at Yokosuka Naval Base - 20 July**
Yokosuka Naval Base has just opened an indoor paintball facility. We need 20 people to test it and have some fun doing it. It will only cost youth center members \$10. Registration is due by 11 July.
- **Play Dodgeball - 25 - 29 July**
You saw the movie...You played it as a kid...Play the tournament! The tournament will operate under NADA rules in a unique round robin "pod" system, leading to an "elite eight" single elimination final with a first and third place game. With a full field, each team is guaranteed a minimum of four matches, five games per match. Up to 8 players can be on each team. Six players are allowed to start each game, and three of those players must be women. The tournament will be held from 25 - 29 July at the youth center. Team registrations will begin at noon and the tournament will start at 2 pm.

YOUTH SPORTS AND FITNESS (JULY SCHEDULE)

Important: All youth sports season participants must have a current sports physical to register. Physical forms can be picked-up at Resources and Referral Office, Building #533 (if you do not have a current physical you can not register).

• **4th of July Firecracker Run (3K)**

Registration dates: until 30 June and 6 - 6:45 am at Dewey Park on 4 July.
Race day: 4 July, 7:15 am, start at Dewey Park
Free for all SOFA sponsored youth
Awards: 1st and 2nd place for both boys & girls
**First 50 sign-ups will receive a cool t-shirt.

• **Flag Football and Football Cheerleading**

Registration dates: 1 June - 22 July
Season dates: 13 August - 17 September
Cheerleading age groups: 5 - 9 and 10 - 15
Football age groups: 7 - 10, 11 - 15 and 5 - 6 (if we get 30 in this age group).

• **Football and Cheerleading Coaches meeting**

23 July, time (TBA)
Camp Zama Teen Center

• **In-line Hockey Clinic Registration**

Registration dates: 1 June - 29 July
Clinic dates: 8 August (4 - 5 pm)
10, 12 August (5 - 6:30 pm)
Clinic location: Camp Zama Hockey Rink

• **Soccer Registration**

Registration dates: 1 July - 2 September
Season dates: 24 September - 12 November
Age groups: 3 - 4, 5 - 6, 7 - 8, 9 - 10, 11 - 12, 13 - 15, 11 - 15 (all girls)

• **Swim Registration**

Registration dates: 1 July - 30 August
Season dates: 3 September - 3 December

SAGAMIHARA HOUSING AREA

• **SHA CDC PAC Meeting** (for patrons only) will be held on Tuesday, 12 July, 4 - 4:45 pm, at the Sagamihara Housing Area Child Development Center. For more information, phone 267-6564/263-5723.

• **Field Trip to Shonandai Cultural Center**

Friday, 15 July, 9 am - 3:30 pm, for Pre School, Pre-Kindergarten and Kindergarten.

• **Field Trip to Sagamihara Park**

Friday, 29 July, 9:30 am - 3 pm, for Pre School, Pre-Kindergarten and Kindergarten.

ZAMA CHILD DEVELOPMENT CENTER

• PAC meeting at Zama Child Development Center, Wednesday, 13 July, 3:30 - 4:30 pm.

• "Parent's Night Out" at Zama CDC Friday, 15 July, 6:30 - 11:30 pm.

For more information, please call Betty Huebner, 263-8081.



**Trip cost
\$25**

Camp Zama Youth Center
TOKYO SUMMERLAND
Friday, 1 July

Summer time is here and it is time to get out of the heat and into the water. The youth center is providing transportation for 30 members to get wet n' wild.

•••For more information, phone 263-4500•••

CAMP ODYSSEY

School Age Services



20 June - 26 August 2005

The camp started on 20 June, but if you haven't made a decision yet about enrolling your youth, or you are a newcomer to the Zama community, there are eight one-week sessions remaining.

There are four sessions remaining in both July and August; the last week of summer camp will start on Monday, 22 August.

You may register your youth, pay the summer camp fee (sliding scale), and pick up an information packet at the Resource and Referral Office located in Bldg #533 (phone 263-4743). The office is open 8:30 am - 5:30 pm, Monday - Friday. Please remember that the cutoff date to register for each weekly session is the Wednesday prior.

If you have questions or need additional information, please phone 267-6013.

S

aturday, July

4th. The 4th of July Golf Tournament will be a shotgun start beginning at 8 am. Cost is \$15 for SOFA status members and \$27 for SOFA status nonmembers. Format is "Two Person Best Ball".



MAJOR TOURNAMENT SCHEDULE FOR 2005

- Club Championship: 3 - 5 September
- Zama Open: 22 - 23 October

■ Camp Zama Golf Club • 263-4224

<http://www.usarj.army.mil/information/mwr/business/golf/>

JUNIOR GOLF

Junior Golf starts 11 July. Contact the Resources and Referral Office at 263-4743/4125.

PAYDAY SCRAMBLE (FREE)

The next Payday Scrambles are on Friday the 1st and 29th of July, shotgun start at noon. FREE! MWR is paying the \$15 entry fee and green fees for nonmembers. MLC/IHA pay ¥4,000 and JGSDF pay ¥2,000.

NICHIBEI FRIENDSHIP GOLF TOURNAMENT

Saturday, 2 July, shotgun start at 8 am. Cost is \$25 for SOFA status members and \$37 for SOFA status non-members. To sign up, contact Ernie Harada at 263-4225 or e-mail: ernie.harada@zama.army.mil.

TOMODACHI DAYS

Tomodachi Days in July are on Friday the 8th, 15th and 22nd, and on Monday the 25th. Up to three of your Japanese guests can play with

you for the low fee of ¥4,000 plus cart fee. This is a significant savings over the regular rate of ¥10,000.

LEARN TO GOLF ADULT CLASSES

Take the "Mystery out of Golf". Next session starts 13 July. Phone 263-4224 for information.

ATTENTION GHIN SUBSCRIBERS

Don't forget to renew your GHIN (Golf Handicap Information Network) annual dues of \$20.

NOTE

Looking for a locker to rent at the golf course? The annual fee is \$60 and lockers are now available. Sign up in the golf shop.

Please repair ball marks on the green. A ball mark repaired correctly heals in a few days. If it is not repaired, or is repaired incorrectly, it will be visible for weeks.

NCAA Female All-Star Golfers

Sunday, 10 July, 7:30 am



For more information, 263-4224

Sign up for an opportunity to join some of the top female college golfers in the country (limited to 40 golfers). The entry fee of \$15 includes golf cart, continental breakfast, and luncheon buffet. Tee off time is 7:30 am. A separate skins game will also be held. Check out this year's participants at: www.ncaaallstargolf.com.

"Don't Take a Vacation from Education"; Term 5 ends 23 July. The Army Emergency Relief (AER) Spouse Tuition Assistance website is www.aerhq.org.

COLLEGE REGISTRATION

Term I will be conducted from 1 - 12 August for the University of Maryland University College and Central Texas College. Classes begin 15 August.

Education Center (for TA):

263-3015

University of Maryland:

263-5379

Central Texas College: 263-5228

JAPANESE HEADSTART

This free course is mandatory for all military personnel assigned to Camp Zama. Learn about Japanese customs, culture, and language. Adult family members and DACs are encouraged to attend. To enroll, please telephone 263-5311/3015.

Course periods:

11 - 15 Jul and 25 - 29 Jul

Time:

8 am - 4:30 pm

(Lunch: noon - 12:45 pm)

FUNCTIONAL ACADEMIC SKILLS TRAINING (FAST)

25 July - 16 August

(Monday - Friday, 8 am - noon)

FAST is a free course designed to assist Soldiers in reading and mathematics skill development so that they can retest on the Armed Forces Classification Test. Family members and DoD civilians may attend on a space available basis. This class can also be an excellent review course prior to college courses in English and mathematics. Materials are provided free to participants. Enrollment forms are at the Camp Zama Education Center. For more information, call 2635311.



LEARN TO GOLF ADULT CLASSES

"Take the Mystery out of Golf"

Price includes - Five group lessons (four at the range and one on the golf course), plus four 9-hole rounds of golf (golf cart not included). Instruction will cover putting, chipping, full swing, rules and etiquette. This course is designed for beginner golfers. Golf clubs and balls are provided during the class.

Instructor: Dale Jorgenson, Director of Golf
(263-4224)

Date: Wednesdays
Time: 1600 - 1730

Class Size: Maximum 8 students
Minimum 6 students

Price: \$75
Enroll: Sign up at the golf course pro shop.

Next session starts 13 July.

Classes are open to SOFA status and MLC/HA/HPT or JGSDF patrons only.

"See the Bugle for the advertisement".

Jr. Golf Clinic and Championship Schedules



\$35 for one clinic or \$60 for both clinics

Junior Clinic #1

11 - 14 July (Mon - Thu)

Junior Clinic #2

1 - 4 August (Mon - Thu)

... sign up at the Resources and Referral Office, Bldg 533, on 4 June. ...

Age Groups: Age 6 - 9 (8 - 9:30 am) • Age 10 and Above (10 - 11:30)

Monday - Putting • Tuesday - Chipping • Wednesday - Irons • Thursday - Woods

Play Dates and Times:

19 July (Tue), 4 pm 21 July (Thu), 4 pm 9 August (Tue), 4 pm 11 August (Thu), 4 pm

●●●● Junior Championship ●●●●

12 August, Friday (shotgun start at 7:30 am). Luncheon and awards ceremony to follow.

J

apanese Seitai massage therapy with "Yukari" on Fridays, 5:30 - 8:30 pm, and on Sundays, 11 am - 6 pm. Call the front desk at 263-4664 for additional information. The cost is \$45 for 60 minutes, \$35 for 45 minutes or \$25 for 30 minutes. Payment must be made when making an appointment.

■ Sports Office • 263-3954

YOGA. "HATHA YOGA"

Hatha Yoga is now being offered on Mondays, 5 - 6:30 pm, at the Music and Theater Workshop, Bldg. 505, and Wednesdays, 5 - 6:30 pm, at Army Community Service. The cost is \$6 per class or \$20 per month (Monday or Wednesday). Sign-up at the Yano Fitness Center front desk, 263-4664.

MASSAGE THERAPIST

"Massage with Shizuka" is now being offered at the Yano Fitness Center by appointment only. Days available are Tuesdays - Saturdays (first appoint-

ment is 10:30 am and the last appointment is 4 pm). Call the front desk at 263-4664 for additional information. The cost is \$45 for 60 minutes, \$35 for 45 minutes or \$25 for 30 minutes. Payment must be made when making an appointment.

THE TANNING BOOTH AND AQUA MASSAGER ARE AVAILABLE FOR USE:

- **Tanning Booth:** \$2.50/visit, \$20 for 10 visits, \$35 for 20 visits.
- **Aqua Massager:** \$5 for 15 minutes
- **Jacuzzi, Steam Room and Sauna**
The jacuzzi, steam room and sauna are co-ed at the Yano Fitness Center. On Wednesday mornings the jacuzzi is closed for maintenance.

AQUATICS, 263-5656

• Pool Party Reservations

If you are considering a pool party at any of the pools, please submit a "Pool Party Reservation Request" to the Ms. Bailes at the Yano Fitness Center no less than two weeks in advance of the date being requested. Three weeks in advance for after-hours parties is preferred. Forms are available at the Yano Fitness Center. Forms can be e-mailed to you upon



HOME RUN DERBY
Monday, 18 July, 6 pm

• Open to all (18 years of age and older and not in high school).
• Entry deadline is Friday, 15 July, 5 pm.
• For more information, phone Andy Abear, 263-7980.



y a n o f i t n e s s c e n t e r

sand volleyball tournament

1:45 pm
Monday, 4 July
Dewey Park

Teams may be all male, mixed or all female. The tournament format will be single elimination and there will be no fee for this event. Entries are due at the Yano Fitness Center, Friday, 1 July, 5 pm. For additional information, contact Andy Abear, 263-7980.

...No Entry Fee...

request. Open dates can be verified by phone. Reservations are official once the form has been submitted, date and time confirmed for availability, staffing availability, and it is signed by the aquatics director. All applicable fees apply.

• **Training Reservations for the Swimming Pool**

If you are considering utilizing any of the pools for unit PT, water survival training, or any other struc-

tured training program, submit a "Pool Training Reservation Request" to the aquatics director at Yano Fitness Center. For reservations, submit the reservation request preferably two weeks in advance but NO LESS THAN one week in advance. Forms can be e-mailed upon request. Open dates can be verified by phone. Reservations are official once the form has been submitted, date and time confirmed for avail-

ability, staffing availability, and it is signed by the aquatics director. Need ideas for PT Training? Do you need an instructor? We can help! Types of training we support: Water Survival Training, Aqua Jogger, APFT Swim Test, Group Swimming Lessons (FREE for Soldiers during PT only), Water Exercise, Swimming Technique, Water Polo, and Water Basketball. For information, contact Kimberly Bailes at 263-5656.

SUMMER Learn-to-Swim Program

The Summer Learn-to-Swim Program is on-going through the summer. Registration is taken at the Yano Fitness Center. Registration deadline is the Wednesday prior to the start of the session. Youth and adult classes offered. See Flyer for specific details: locations, dates, times, and levels offered. Some dates may change or vary. Classes may be cancelled based on staffing availability and/or participation at specific locations, times, and levels. For more information, phone 263-5656/4664.



Session Dates

Yang Pool:

| | |
|-------------------|-------------------------------------|
| Session II | 5 July - 15 July (no class 7/4) |
| Session III | 18 July - 28 July |
| Session IV | 1 August - 11 August |
| Session V | 15 August - 25 August |
| Weekend Session 1 | 18 June - 16 July |
| Weekend Session 2 | 30 July - 28 August (no class 8/13) |

SHA Pool:

| | |
|-----------|----------------------|
| Session A | 20 June - 11 July |
| Session B | 18 July - 5 August |
| Session C | 8 August - 26 August |

POOL OPENING

Aquatics Director:
263-5656/5037

Yano Indoor Pool: 263-5037
 Mon - Fri: 0600 - 1800
 Sat, Sun, Holidays:
 1000 - 1800 (unless otherwise posted)

SHA Outdoor Pool: 267-6122
 Summer Opening: 20 Jun - 5 Sep
 Mon, Tue, Fri:
 1200 - 1800
 Sat and Sun:
 1100 - 1800
 Wed and Thu: Closed

Depot Outdoor Pool: 268-4840
 Summer Opening:
 18 June - 27 August
 Wed - Sat: 1200 - 1800
 Sun - Tue: Closed

"See the Bugle for the advertisement".

N

ewcomer's

Train Class Parts I and II.

- Part I will be held on Thursday, 21 July, 6 - 8 pm, in the ACS Community Room, Building 402. Get out and see Japan! This class will teach you how to read the signs in the stations, buy train tickets, and more.
- Part II will be conducted on Saturday, 23 July, at 9 am. Join us as we practice how to travel by train and subway. Our class will travel to Tokyo, stop for lunch at the New Sanno Hotel and shop in Shinjuku. Children and family members are welcome; bring about ¥1,300 per person for transportation expenses. All attendees should meet at Gate 4.

■ Army Community Service • 263-8327

RELOCATION READINESS/MOBILIZATION & DEPLOYMENT PROGRAMS, 263-8089

• English Teachers Network

This month's English Teachers Network will meet on 21 July, noon - 1 pm. Teaching English in Japan can be fun and rewarding. Find out how to recruit students, what fees to charge, where to buy materials, and meet with others who have experience teaching.

• Shopping on the Economy

On 22 July, join our Japanese experts as they show you where to shop. They will provide a guided tour of a local supermarket and take the group on a short train ride to Machida. Bring ¥400 for transportation and extra for purchases. Departs Gate 4 at 9:45 am. Children are welcome.

• English Language Class

Want to improve your English Language skills? A Basic English Language Class is held every Monday from 10 am - noon in the ACS Outreach Room, Bldg. 402.

• **Knitting Class** meets every Tuesday from 9:30 - 11:30 am in the ACS Outreach Room. Learning to knit or crochet can be great fun. Let our

Japanese volunteer show you how.

• Sponsorship Training

Learn how to be an effective sponsor. Sponsorship training is held the 2nd Thursday of the month at ACS from 1:30 - 2:30 pm in the Outreach Room. This training is mandatory for Soldiers and civilians who are assigned as sponsors. Unit training is available upon request by calling 263-8089.

• Pre-deployment Training

ACS offers this training the 2nd Thursday of the month from 3 - 4 pm in the Outreach Room. This training is available to all deploying military members and their families. The briefing discusses ways to prepare financially, physically, and emotionally for family separations. Unit training is also available by calling 263-8089/4572.

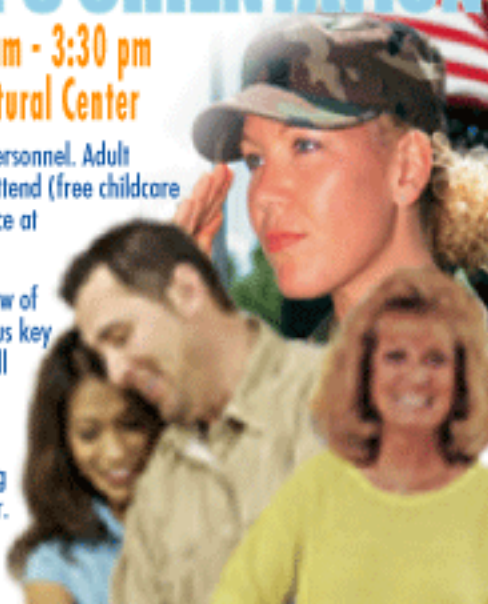
• Deployment Readiness Support Group

If your spouse is deployed, then Army Community Service is looking for you! ACS conducts a support group for family members of deployed Soldiers. The support group is held the 2nd Thursday of the month from 5:30 - 6:30 pm in the ACS Community Room, Bldg. 402.

NEWCOMER'S ORIENTATION

Tuesday, 19 July 05, 8:30 am - 3:30 pm
Camp Zama Community Cultural Center

- Mandatory for military and civilian personnel. Adult family members are encouraged to attend (free childcare is available by phoning CDS in advance at 263-4743).
- Key personnel will present an overview of the policies and services available, plus key reps from numerous organizations will be on-site to answer questions and provide informational handouts.
- Opening welcome by the Commanding General and the Garrison Commander.
- Enjoy a bus tour and a special "Taste of Japan" luncheon.



AFTB AND AFAP, 263-5550

Did you know that you can take Army Family Team Building courses online? Levels I, II, and III are all available at your fingertips! Just log onto www.aftb.org and register.

Have an issue or suggestion on how to improve the quality of life for the community? The Army Family Action Plan wants to hear about it! Just log onto <http://www.mwrjapan.jp.pac.army.mil/> and click on "Submit a 2006 AFAP



New Importation Regulations for Pets:
www.usarj.army.mil/organization/vet
263-3875

Community Idea/Concern". Issues can be submitted anonymously and will be sent directly to the AFAP Program Manager.

FAMILY ADVOCACY PROGRAM, 263-8327

- **Family Maltreatment Prevention**

The Family Advocacy Program provides services that are designed to prevent spouse and child abuse. The prevention of family violence is a community responsibility which includes awareness, education, and intervention in high-risk situations. If you, your unit, or organization would like to schedule a class, workshop or seminar on topics such as spouse and child abuse prevention, reporting and referral procedures, safety education, family life enhancement etc., contact the Family Advocacy Program at 263-8327.

The Reporting Point of Contact (RPOC) for suspected child or spouse abuse is the Military Police at 263-3002. If you have questions regarding child or spouse abuse, call 263-8327.

EXCEPTIONAL FAMILY MEMBER PROGRAM

Enrollment in this program is mandatory for family members PCSing overseas with medical or educational concerns that require special attention. If you are currently enrolled in EFMP, keep in mind that your file

Medical Morning and Community Tour

Health care professionals provide information about medical care and counseling services in Japan and the military community. A pharmacy class, which is mandatory in order to receive over the counter medications, is also given during this briefing. The briefing will be held on 20 July in the ACS Community Room, 8 - 10:30 am. The orientation is mandatory for military and civilian personnel. Adult family members may also attend. The IN/OUT Processing Office (263-4122) will schedule attendees for this program.



A community bus tour will be conducted immediately following the briefing. All newly arrived personnel are encouraged to attend. Lunch will be provided. The tour is scheduled from 10:45 am - 2:30 pm. Please call ACS at 263-8327 to register (tour only).

must be reviewed if your condition changes or every 3 years which ever comes first. If you are new to Camp Zama and are the sponsor of an Exceptional Family Member, it is mandatory for you to in-process with the ACS EFMP Coordinator at 263-4785.

COMMUNITY LIFE OFFICE 263-5550

- **Volunteer Information**

Would you like to learn new skills, meet new people and explore new career fields? Would you like to make a difference? Then you may want to enter the exciting world of volunteerism. Historically, America has a long and proud tradition of relying on volunteers to help other people help themselves. Today,

America's volunteers are touching other people's lives by solving problems, while exploring new chances for personal growth. Contact Ms. Centeno at 263-5550 for more information.

- **Community Information Exchange (CIE)**

The Community Information Exchange is held monthly and it enables community leaders, command spouses, FRG representatives, unit representatives, organization leaders and any military or civilian who would like to attend to come together to share information. (There is no CIE meeting for the month of July). The next meeting will be 24 August. For more information, contact Ms. Centeno at 263-5550.

New Parent Support Program (NPSP)

The NPSP specializes in assisting and offering services to new and expecting parents.

- Play Morning is an interactive playgroup for parents and children birth to 6 years and is offered every Tuesday at Zama Chapel from 9:30 - 11 am and every 2nd, 3rd, and 4th Thursday at SHA CDC, from 9:30 - 11 am.

- In conjunction with Play Morning, the NPSP has a Baby Love Seminar every month. This one-hour informative session is facilitated by a subject matter professional providing a wealth of information on a variety of topics relating to children from birth to 6 years of age.

- This month's Baby Love Seminar:

- "Post-partum Nutrition", 28 July during the SHA CDC Play Morning

- This month's Parenting Skills workshop:

- "Preventing Shaken Baby Syndrome", 25 July from 10 - 11 am at ACS

- NPSP sponsors the Breast Feeding Support Group on the 1st Thursday of every month from 9:30 - 10:30 am in the ACS Building Outreach Room.



“See the Bugle for the
advertisement”.

GREAT RECREATIONAL OPPORTUNITIES FOR OUR SOLDIERS

Armed Forces Recreation Centers (AFRC) will pay booking commissions to installation travel offices (U) (CFSC-CR-T)

The AFRCs, Shades of Green (SOG) in Orlando, FL and Edelweiss Lodge & Resort (ELR) in Garmisch, Germany, will pay a commission of ten percent (10%) to installation information, ticket, and reservation or information, ticket, and travel (ITR/ITT) offices and contracted leisure travel offices, for reservations booked after 1 May 2005. This arrangement will provide a financial incentive for ITR/ITT Offices to assist SOG and ELR to obtain occupancy for the limited percentage of rooms not directly reserved by patrons.

Australia to be Australia. Package arrangements will be available through installation information, ticket and reservation (ITR) or information, ticket and travel (ITT) offices in conjunction with Qantas Airlines and MWR - Australia, a tour company that supports U.S. ships in Australian ports. Qantas flights will depart from New York City, Los Angeles and Honolulu. An 8-day travel package, including air travel, ground transportation, lodging in a 3-star hotel, local tours, will begin at \$1,300 per person. Personnel on R&R Leave from OIF/OEF can travel to Australia at Government expense and book lodging and tours via email through a CONUS ITR/ITT Office. This is a joint Services Leisure Program sponsored by Army, Navy, and Marine Corps MWR.



Camp Zama Community Club • Firelite Lounge

Saturday, 9 July • 8 pm

Featuring Comedians
CASH LEVY and KELLY MORAN

Information: 263-4547



C

Check out

Cafe' Roberto's!!!

Sandwiches, salads, nachos, pizza, great coffee, and "smoothies" are available for your eating pleasure.

Friday, 29 July, 6 - 9 pm, is "choose your own steak night" in the USA Dining Room.

■ Camp Zama Community Club

• 263-4133

■ EDA'S SEAFOOD AND FILET

Check out Eda's new menu.

A touch of elegance featuring quality meals and service. Dinners for as little as \$18.95! Something for everyone! Reservations are encouraged. Dress code is business casual; no tie or jacket required. Open Thursday and Sunday from 5 - 9 pm; Friday and Saturday from 5 - 10 pm.

■ BINGO NIGHT

More games and more money to pay out. Progressive SR Jackpot \$10,000.00 starting with 48 numbers and every Sunday will go up one number. On Thursday, cards go on sale at 6 pm, the game starts at 7

pm, and on Sunday cards go on sale at 5 pm, the game starts at 6 pm. Every Thursday and Sunday nights try our terrific games! Join the winner's circle with many others who have won our money giveaway. Maybe you will be one of the lucky ones to win our large cash payout. But, you will never know unless you come out. Don't worry about dinner; you can eat while you play.

■ USA SUNDAY BRUNCH

Open 10 am - 1:30 pm.

adult: \$12.95; youth (8 - 12) \$4.95; youth (4 - 7) \$2.50; and youth (3 and under): Free

■ MONGOLIAN BBQ

Every Wednesday in the ballroom, 5 - 9 pm, with modified menu. Reservations are welcome. USA Dining Room and Eda's Seafood and Filet will be closed.

• Firelite Lounge

| | | |
|-----|---------------|----------------|
| Thu | Variety Music | 8 - 11 pm |
| Fri | Karaoke | 7 - 10 pm |
| | Hip Hop | 10 pm - 3 am |
| Sat | Country | 8 pm - 2:30 am |

New Come try our new BINGO program.

\$10,000.00

BINGO

Thursday: Cards go on sale at 6 pm. First game starts at 7 pm.

Sunday: Cards go on sale at 5 pm. First game starts at 6 pm.

*Progressive SR Jackpot \$10,000.00 starting with 48 numbers and every Sunday will go up 1 number.

For more information, please call 263-4547.

Camp Zama Community Club • Firelite Lounge

USAR-J

COMMUNITY NIGHT

Friday • 15 July
5 - 8 pm

Lots of finger foods, karaoke.

Information: 263-4547

At the door: \$5.00
Advance ticket: \$3.00

THURSDAY NIGHT

Special

Adults: \$9.95
Youth:
4 - 7: \$3.95
8 - 12: \$5.95
Under 4: FREE

- All you can eat pasta, pizza, soup and salad bar.
- We are offering four different pizza toppings and 10 - 15 different kinds of salad.

*** For more information, phone 263-4133 ***

LUNCH

Sunday

Sunday Brunch (10 am - 1:30 pm)

Adult: \$12.95

Youth 8 - 12: \$4.95

Youth 4 - 7: \$2.50

3 and under: Free

Monday - Closed

Tuesday

5 Club Closed

12 Shepherd's Pie

19 Spanish Garlic Chicken

26 Polish Sausage and Sauerkraut

Wednesday

6 Beef and Potato Croquettes

13 Pork Adobo

20 Hamburger Steak

w/Mushroom Sauce

27 Beef Bourguignone

Thursday

7 Turkey A La King

14 Bulgoki Beef

21 Spicy Chicken and Stir Fried Vegetables

28 Tempura Fish

Friday - Smorgasbord

1 • BBQ Sliced Pork

• Fried Chicken

• Potato Au Gratin

• Baked Beans

8 • Teriyaki Fish Fillets

• Sweet Sour Chicken

• Fried Gyoza

15 • Mexican Chicken

• Beef Fajita

• Burritos

22 • Beef and Broccoli

• Fried Fish w/Ankake

• Steamed Shumai

• Fried Rice

29 • Baked Meat Loaf

• BBQ Chicken

• Cajun Red Beans Sausage w/Ham Hocks

Saturday - No Lunch

**After the fireworks,
come join the**

**Charlie Nagatani
Show in the CZCC at
9:30 pm.**

DINNER MENU

Sunday

• 2 for 1 Steak Night

• Limited Menu

• Fine Dining

Monday - Closed

Tuesday

• Limited Menu

• Family Night Dinner (Any two meals for \$15)

• Include Soup and Salad Bar

5 • Kung Pao Chicken

• Hamburger Steak

• Sliced Roast Pork

• Fried Fish Ankake

12 • Baked Lasagna

• Mediterranean Chicken

• Sweet Sour Pork

• Chicken Fajita

19 • Stuffed Pork Chop

• Rice in Yukke Jang Soup

• Teriyaki Chicken

• Beef Broccoli

26 • Sauer Bratin

DINNER MENU

• Rice in Korean Ox Tail Soup

• Pork Ginger

• Roasted Chicken

Wednesday

• Mongolian BBQ

• Limited Menu

Thursday

• Limited Menu

• Fine Dining

• All You Can Eat Pizza, plus Pasta Bar and Salad Bar (\$9.95)

Friday

• Fine Dining

• Regular Menu

• Chef's Special

15 USAR-J Community Night

Saturday

• Fine Dining

• Regular Menu

• Prime Rib Dinner

• 6oz Prime Rib and Shrimp Scampi (\$12.95)

OTHER EVENINGS IN THE USA DINING ROOM

• Chef's Special on Friday evenings plus regular menu.

• Prime Rib and Seafood Combo on Saturday.

• 2 for 1 Steak Night every Sunday (good for "steak of the night" only)

• Our regular menu will be offered in addition to the above specials on Saturday night and modified menu on Sunday nights!



Family Night Dinner

Every Tuesday 5 - 9 pm

Menu will change every week

Any two meals for \$15

Theme menus such as American, Chinese, Japanese, Korean, Mexican and Italian, etc. "Served with vegetable of the day, choice of baked potato, rice, mashed potatoes, French fries and soup and salad bar".

W

Wednesday
night is family night
(movie for adults and
youth).

Saturday, 9 July, 6 - 8
pm, is "Family Night
Bowling". Come join us.

Sagami Lounge July Activities

- Friday, 1 July, 8 pm,
70's and 80's Music w/DJ
- Friday, 8 July, 8 pm,
Country Music w/DJ
- Saturday, 9 July,
6 - 8 pm, Family
Night Bowling
- Friday, 15 July,
8 pm, 70's and
80's Music w/DJ
- Friday, 22 July,
8 pm, Country
Music w/DJ



■ Sagami Lounge • 268-4954/4847
Orders: 268-4142

LUNCHES

MONDAY

- 6 Baked Game Hen
w/Sauce Au Pian
- 13 Stuffed Peppers and
Cabbage Rolls
- 20 Swiss Beef Steak
- 27 London Broil w/Butter Rice

TUESDAY

- 7 Okinawa Style Chicken
Taco Rice
- 14 All-U-Can Eat
Chinese Buffet
- 21 Lasagna w/Garlic Toast
- 28 All-U-Can Eat
Mexican Buffet

WEDNESDAY

- 1 Spicy Fried Chicken
- 8 Teriyaki Hamburger Steak
- 15 German Meat Loaf
- 22 Polish Sausage w/Cabbage
- 29 Grilled Pork Chicken and
Beef Patty

THURSDAY

- 2 Baked Ham Smoke Steak
- 9 Hungarian Pork Stew
- 16 Pork Cutlet Brochettes
- 23 Spicy Mexican Hamburger
Steak
- 30 Pizza Tortilla and Spaghetti

FRIDAY

- 3 Vegetable Lasagna
- 10 Mixed Seafood Platter
- 17 Deep Fried Catfish
- 24 Breaded Salmon
w/Shrimp Sauce

DINNER SPECIALS

TUESDAY NIGHT (LIMITED MENU/DINNER SPECIAL - \$7.50)

- 5 Mexican Dinner Special
- 12 BBQ Dinner Special
- 19 Japanese Dinner Special
- 26 Pizza & Pasta Dinner Special

WEDNESDAY NIGHT

Family night movies for adults and
youth (6, 13, 20 and 27 July regular
dinner menu).

THURSDAY NIGHT (CHEF'S DINNER SPECIALS)

- 7 Japanese Dinner:
Japanese Style Fried Chicken
- 14 French Dinner:
Chicken Saute
- 21 Italian Dinner:
Seafood Spaghetti
- 28 Italian Dinner:
Grilled Pork
w/Balsmic Sauce

FRIDAY NIGHT

- 1 Steak and Lobster Tail (\$25)
- 8 Steak Wellington (\$25)
- 15 Prime Ribs (\$25)
- 22 Steak and Crab Legs (\$25)
- 29 Steak and Shrimp (\$20)

SATURDAY NIGHT (MONGOLIAN BBQ)

Saturday, 2, 9, 16, 23 and 30 July

"See the Bugle
for the adver-
tisement".

■ Hob Nob Inn • 267-6097

HOB NOB NEWS

The Hob Nob Inn dining room in
the Sagamihara Housing Area is
available for use for private parties,
Monday through Saturday. Dates and
times are available on a first-come,
first-serve basis. Room deposits are
required to hold the date. Please con-
tact the Hob Nob Inn for your reser-
vation at 267-6097.

KARAOKE NIGHT

Every Friday, 4:30 pm - 1 am. A great
way to get together with your
friends. Adults only.

HOURS OF OPERATION

Mon, Tue, Thu: 4:30 - 9 pm
Wednesday: 4:30 - 11 pm
Friday: 4:30 pm - 1 am
Saturday: 7 pm - 1 am
Sunday, Holiday: Closed



CLASSES

The Community Cultural Center offers the following instructional classes:

• Piano Lessons

Piano lessons are conducted Monday - Friday. Classes are instructed by Ms. Sekita, Ms. Ishii and Ms. Sako. The cost is ¥6,500 per month.

• Violin Lessons

Violin lessons are held on Thursdays and instructed by Ms. Noda. The cost is ¥6,500 per month.

• Koto Lessons

Koto lessons are offered each Tuesday and are instructed by Ms. Kawasaki. The cost is ¥8,000 for adults and ¥7,000 for children per month.

• Hula Dance Lessons

Hula dance lessons are held on Mondays and Thursdays and are instructed by Mr. Roger Pueblos. The cost is \$50 per person or \$35 per person for more than one person from the same family.



FACILITY RESERVATIONS

Looking for a place to conduct your training sessions, ceremonies and briefings? The Community Cultural Center is the place. For more information, phone 263-3939.

RENTALS

The Community Cultural Center

has sound equipment, costumes, tournament dart board games, and tournament chess game sets for rent.

Looking for that perfect costume for birthday parties, holidays, and other events? The Community Cultural Center is the place for you. We have over 300 costumes and wigs for your rental needs.

“See the Bugle for the advertisement”.

T

Try our newest on-line research tools: Expanded Academic ASAP, The History Resource Center, and Morningstar.com to find the information you need. Stop by the library and discover a world of information at your fingertips.

Volunteer Needed. Interested in being a volunteer storyteller at SHA Library? Please call 263-5267.

E-BOOKS

Read, browse or check it out. Over 2,000 titles are available on subject areas such as military, business, computer science, psychology, and religion. Everyone is eligible. Use at the library or at home. Stop by the Zama, SHA or Depot Library to apply for a personal E-book account today. We require 24 hours to set up an account.

NEW MCNAUGHTON BOOKS

- Plan B by Lamott, Anne
- Taking Heat by Fleischer, Ari
- The One Thing You Need to Know by Buckingham, Marcus
- Public Enemies by Burrough, Bryan
- Shadow of the Giant by Card, Olson Scott
- A Thread of Grace by Russell, Mary Doria
- Just One Look by Coben, Harlan
- The Last Kingdom by Cornwell, Bernard
- The Forgotten Man by Crais, Robert

- Farve by Farve by Brett
- The Honeymoon by Haythe, Justin
- Blood Memory by Iles, Greg
- The Rising by LaHaye, Tim F
- The Killing Club by Malone, Michael
- The Money Book for the Young, Fabulous and Broke by Orman, Suze
- Cold Service by Parker, Robert B.

DIAL *A* STORY

263-5810

By simply dialing 263-5810, your child can enter the world of fairy tales. A different 3 - 5 minute story is featured each week.

Stories will change on Monday at 9 am.

For more information, call 263-3517



Summer Reading Awards Program

Thursday, 21 July
10 am - noon
Main Library

Join us as we recognize the youth of our community who spent the majority of their summer vacation to enhance and upgrade their personal self development and reading skills.



All youth who participated in the summer reading program, and their parents, are encouraged to participate in this program. Highlights of the event:

- all youth who participated in the program will receive a memento
- refreshments / light snacks will be served
- magic show by Mr. Dicken's
- special door prizes for youth
- special door prizes for adults

■ Auto Craft Shop • 263-3615

HOURS OF OPERATION:

Monday and Tuesday - CLOSED
Wednesday - Friday
1 - 9 pm
Saturday - Sunday
10 am - 6 pm

PLEASE NOTE:

- Wednesday - Friday clean up starts a half hour before closing.
- Sunday clean up starts one hour before closing.

SAFETY ORIENTATION

DA-3031-1 Qualifications Card for the use of Auto Craft Shop is issued after a safety orientation given every day 15 minutes after opening and again at 5 pm on weekdays. Weekend safety orientation is given 15 minutes after opening and again at 2 pm. This briefing is required before facility use.

JUNE CLASSES / LIFETIME SPORTS AND RECREATION PROGRAM

• **Mechanics Club**, 13 and 27 July. The Mechanics Club is a new program tailored for all attendees. During this block of instruction we will perform actual work on a participant's vehicle as a group. This is a great opportunity to learn and repair your vehicle at the same time. Please join us. For more information, contact Frank Bordenave at 263-3615.

SERVICES

- *Used Vehicle Courtesy Inspection*

We offer a 20 point courtesy inspection for Soldiers and eligible personnel who are considering the purchase of a used vehicle. The purpose of this inspection is to help assess the condition of the vehicle before buying it. We do not make recommendations or give guarantees. Inspections are done by appointment only.

• Towing Service and Roadside Assistance

We offer a towing service and roadside assistance Wednesday through Sunday. Call for rates and more information.

• Used car referral service.

New to Camp Zama or PCS'ing and need to buy or sell a car? Stop by your Camp Zama Auto Crafts and let us help you. We will list your vehicle for sale on our referral list. All vehicles must be registered to qualify for this free service.

CARWASHES

Auto Crafts has three car wash locations: Camp Zama, Sagamihara

Housing and Sagami General Depot. All locations offer the same service. The cost is very reasonable! ¥300 for a water wash, ¥500 for a "soap wash" and ¥600 for wash and wax. All machines now accept 25¢ coins. Cost is \$3, \$5 and \$6 respectively.

At Sagamihara Housing Area, the car wash is located behind the Sagamihara Gym Annex, Bldg #S126, open 24 hours; at Sagami General Depot, next to the AAFES Gas Station, open 24 hours; and at Camp Zama, at the Auto Crafts Shop, Bldg. #621; open seven days a week, Monday and Tuesday 8 am - 4:45 pm, Wednesday through Friday 8 am - 8:45 pm and Saturday and Sunday 10 am - 5:45 pm.

• **Prepaid cards for the car washes** are on sale at the Zama Auto Craft Shop. The cost is ¥3,000, but you get ¥3,500 worth of washing!! Ask Auto Craft Shop personnel for more information.

PROFESSIONAL SERVICES

Only
\$59.95

Fuel Injection Cleaning Service: \$59.95

Cleans fuel system and injectors for easier starts (especially cold weather), better engine performance and helps improve gas mileage.

Oil System Cleaning Service: \$59.95

Cleans engine oils system. Helps remove the sludge built up in engines that have not had frequent oil changes. Also helps eliminate noisy lifters. Environmentally safe (oil & filter extra).

Call for appointment, 263-3615

NEW SERVICE

- **Windshield Chip and Crack Repair.**
Prices start at \$30. Stop by for your appointment and estimate.

- **Harley Davidson Products.**
On sale now at your
Camp Zama Auto Crafts Shop.



VOLUNTEERS NEEDS

The Auto Craft shop is always looking for volunteers who have some automotive/mechanical background. Please stop by the shop for more information on how you can give back to the military community. Volunteer application forms may be picked up at the Red Cross Office or Army Community Service.

C

■ Arts and Crafts • 263-4412

oming Soon! A "wood craft class"; the class schedule will be announced in the near future.

Also, pottery classes. We are setting up our new KILN, and we will be operational soon. Class schedules will be announced in the near future.

Stop by to laser engrave a "Torii Gift" for your friends. We have also started engraving marble stone.

INSTRUCTORS NEEDED

The Arts and Crafts Center is looking for instructors to teach gift wrapping, pottery, water color, acrylic paint, stained glass, woodworking and various other arts and crafts. Please contact Mr. Nodera at 263-4412.

WOODWORKING ORIENTATION

Thursday, 6 - 6:30 pm, and Satur-

day, 10 - 10:30 am. DA 3031 Qualification Card is issued after the safety orientation. No fee.

CUSTOM PICTURE FRAMING

All orders are completed on a first come, first served basis. We have a variety of moulding, mat boards, design colors and styles for you to choose from.

THE CRAFTS STORE

The Crafts Store at the Arts and Crafts Center has many products for your crafts and fine arts needs. Choose from Washi paper, rubber stamps, ceramic supplies, oil and acrylic paints, polymer clays, tea boxes, plywood and more.

PRINT SHOP

• Screen Printing and Heat Transfer Printing

We carry heavyweight 100% cotton t-shirts. We will special order colors, size and style of shirts based on your request. All orders completed on a first come, first served basis.

..... ARTS AND CRAFTS CLASSES

| | | | |
|---------------------|-------------------------------------|------------------|---------------------|
| Framing | Wednesday | 6 - 8 pm | \$10 plus materials |
| Basic | | Appointment only | \$10 |
| Advance & Refresher | | | |
| Textile Arts | Thursday (1st, 2nd and 3rd) | 5 - 7 pm | \$15 |
| Washi Paper | Friday | 2 - 4 pm | \$15 plus materials |
| | | 4 - 6 pm | \$15 plus materials |
| Ikebana | Thursday (1st, 2nd and 3rd) | 2 pm | \$15 plus materials |
| Scrap Book Making | Saturday (two minimum registration) | 2 pm | \$10 |
| Tole Painting | Thursday and 2nd and 4th Saturday | 3 - 5 pm | |

All classes and orientations require registration in advance at the Arts and Crafts Center.



The 19th Annual "Friendship Triathlon"

SAGAMI DEPOT

TRIATHLON

Sunday, 31 July,, 8 am - 4:30 pm

As in the past, the Kanagawa Triathlon Union (KTU) is extending an invitation to SOFA-sponsored personnel to participate, and the first 60 people to register can participate at no cost. Additionally, KTU will be providing separate award categories for both SOFA and Japanese participants.

The cutoff date to participate is 11 July. This date can not be extended, so if you are considering participating please complete your registration prior to this date.

For further information and to register, contact the Yano Fitness Center at 263-5656 or 263-7980.

■ Zama Bowling Center • 263-4780

July is International Family Bowling Month

"Discounted Bowling for Families" (during open game time only). Check with the Bowling Center for available hours. \$8 per lane per hour w/family of two or more. (not to be used w/other discounted bowling programs).

THIS MONTH'S SCHEDULE

- **No Tap Tournament**

Sunday, 17 July, bowling starts at 11:30 am - 3 pm.

- **"Say no to drugs / yes to Bowling Summer Campaign"**. Began 18 June - 27 August.

- Open to all school age children
- Get a personal "bowl free card" and bowl (1) free game everyday during open bowling time; not to be used w/other discounted bowling programs and/or coupons.
- Receive an entry form for weekly drawings for each free game and each paid game you bowl.
- Bowl (1) free game everyday started 18 June - 27 August, and qualify for our grand prize drawing at the end of summer.

Come on in to the Zama Bowling Center; we have unadvertised daily specials on bowling equipment and

bowling fees.

- Also ask about discount bowling cards.

"KING OF THE HILL"
Bowling Tournament

Sunday, 10 July, noon - 5 pm

Come to the Camp Zama Bowling Center to compete against some of the top bowlers in the Kanto Plain. At the end of the competition you could be the one winning the title "King of the Day".

For further information, phone 263-4780

"See the Bugle for the advertisement".

F

or dates, times, and more indepth information on all the tours listed below, check out our monthly getaway guide or please call the "Zama Outdoor Rec. & Local Tours" office. Our customer service will be happy to help you out!

July Tours



...at a glance

2 • Fujikyū Highland

4 • Tokyo Disneyland/DisneySea
• Tsukiji Fish Market

9 • Kamakura Excursion

10 • **Drag Racing at Twin Ring Motegi**

13 • **Baseball Game (Yokohama)**
Baystars vs. Carps

17 • **Yokohama Fireworks**

23 • **"We Will Rock You" Musical by Queen**

24 • Hakone Excursion
• Yokosuka Shopping
• Antique Jamboree in Tokyo

31 • **Bolishoi Circus**

**Highlighted Tours are listed in bold.*

**Icons shows the services/fees included in the cost.*



•Guide



•Transportation



•Admission/Tickets



•Meals



•Hotel



•Drinks

Outdoor Rec. & Local Tours • 263-4671 (Map location 31)

DRAG RACING AT TWIN RING MOTEGI

Sunday, 10 July

Depart: 4 am • Return: 9 pm

Experience the BERC Drag Racing Championship at Twin Ring Motegi in Tochigi Prefecture! For our dedicated drag racing fans, this day will be filled with excitement and suspense. We're confident that you won't be disappointed. Never been to the races before? This is your chance to see what the commotion is all about. *Note:* This tour may be cancelled if there is inclement weather at Motegi Twin Ring.

Bring yen for souvenirs & food/drinks.
Adults/Youths: \$25 • Infants: \$19



YOKOHAMA FIREWORKS

Sunday, 17 July

Depart: 4 pm • Return: 10:30 pm

Be one of an estimated 50,000 people to view the spectacular Yokohama Port Festival Fireworks! We'll take you to North Dock, located right across the harbor, to enjoy this 60-minute show. Approximately 8,000 different fireworks will be displayed at the festival.

Bring snacks/drinks and lawn chairs.
Adults/Youths: \$7 • Infants: \$3



"WE WILL ROCK YOU" MUSICAL BY QUEEN

Saturday, 23 July

Depart: 10:45 am • Return: ?

Sign up by 12 pm, Wed., 13 July!

This is your chance to experience the musical that has literally rocked more than 3 million viewers from London to Las Vegas and Australia. "We Will Rock You", the musical by Queen and best selling scriptwriter Ben Elton, features mega-hit songs

such as Radio Ga Ga, Bohemian Rhapsody, We Are The Champions, I Was Born To Love You and more! the stage design contains rock concert lighting and was arranged by a team of top artists including Mark Fisher - stage producer for both the Rolling Stones and Pink Floyd. We will depart the stadium approximately twenty minutes after the show ends.

Bring yen for souvenirs & food/drinks.
Adults/Youths/Infants: \$120



BOLISHOI CIRCUS

Sunday, 31 July

Depart: 8 am • Return: 3:30 pm

Sign up by 12 pm, Monday, 11 July!

Guess who's coming to town, a very famous circus that first appeared in Japan in 1958. Bolishoi Circus translates to "Great" or "Big" Circus in English and truly is the greatest circus in the world! It consists of 8,000 artists and staff, over 6,600 animals and about 100 temporary and permanent theaters widely loved and adored. *Note:* A minimum of 15 participants is required in order for this tour to proceed. *Bring yen for souvenirs and food/drinks.*

Adults/Youths: \$47 • Infants: \$9



Better Opportunity for Single Service Member

• **BADD Van-BOSS Against Drunk Driving**
Every Friday night at the
Firelite Lounge (CZCC)
Rides from 11 pm - 3:30 am
to Sagami Depot, SHA,
Camp Zama and Atsugi Housing.

MEETINGS

**All meetings are at 2 pm at the CCC..*

• **Tuesday, 9 July**
• **Tuesday, 23 July**

■ Outdoor Rec. & Local Tours • 263-4671

(Map location 31)

CROSS COUNTRY MOUNTAIN BIKING AT YATSUGATAKE

Sunday, 3 July

Depart: 6 am • Return: 7:30 pm

Has the rainy season given you cabin fever? Here's a chance to burn that energy out of your system with lung-searing hill climbs and intense descents. Lunch is provided and we will end the day soaking away the mud and lactic acid at a nearby onsen. Rental mountain bikes are available at ODR on a first come, first serve basis. Don't miss Downhill on Sunday, 24 July! Note: Mountain biking is a strenuous activity.

Limited to Adults ONLY!

Wear a helmet, sunglasses & comfortable biking gear/gloves.

Bring water, snacks/drinks, change of clothes and yen for onsen.

Adults: \$79



SALT WATER FISHING MAHI MAHI!

Saturday, 9 July

Depart: 4 am • Return: 3:30 pm

Sign up by Friday, 24 June!

Join us and have fun fishing for Mahi Mahi! If you need to rent a pole at the boathouse, please let the staff at Outdoor Recreation know when you sign up for this trip. You will not be able to purchase lures at the boat-house! Note: Lure fishing ONLY!

Limited to 14 participants, ages 12 & up ONLY.

Adults/Youths: \$95



SHOWER VALLEY WALK & HOT SPRING

Saturday, 9 July

Depart: 4 am • Return: 9 pm

Let's go upstream to one of the beautiful rivers in Tochigi Prefecture. We will wear a wetsuit and walk in the valley to enjoy the crystal clear water. We will swim, visit a waterfall and jump from rocks. You may see some fish such as Yamame or Iwana (Japanese trout) that only live in clean streams. The view of valley is awesome! After the enjoyable walk, please relax yourself in a hot spring

by the river. Limit to 14 participants, ages 18 & up ONLY.

Bring food/drinks, swimwear, change of clothes, towels and yen for souvenirs & food/drinks.

Adults: \$95

Cost also includes wetsuit, helmet, wet shoes and sport insurance.



MT. FUJI CLIMB

Saturday, 16 July

Depart: 4 am • Return: 9 pm

Every climbing season thousands of people both young and old climb Mt. Fuji from one of the 5th Stations in hopes of seeing a spectacular view of the Pacific Ocean on one side and the Japan Alps on the other from the summit. Although there are small shops along the way up, prices tend to rise along with the altitude because supplies are carried up the mountain on porter's backs.

Bring yen for souvenirs & food/drinks (or feel free to bring your own food/drinks), drinking water, a jacket, rain gear and sturdy shoes/boots.

Adults/Youths/Infants: \$35



CANYONING & AUSSIE STYLE BBQ LUNCH

Saturday, 23 July

Depart: 4:30 am • Return: 5:30 pm

Sign up by Friday, 8 July!

This will be an exciting day designed for challenging the stream, hosted by the Canyon's local outfitter. You will also be accompanied by the friendly English speaking guides! Afterwards, relax and enjoy a delicious "Aussie-style" BBQ lunch. Limited to ages 13 & up ONLY.

Bring swimwear, towels, change of clothes & food/drinks.

Adults/Youths: \$115

Cost also includes sports insurance & activity gear (wetsuit/wet shoes).



NEW ARRIVALS

Check out our new Mountain Bikes, 40 qt. Ice Chests on wheels, and Two Room Tents. Available for rent now at reasonable prices!

COMING SOON!

New! Scuba Diving Classes!

Dates to be announced.

MONSTER WALL CLIMBING

Try our wall for your next party. A variety of equipment check-out items are also available at reasonable rates. Ask staff for the price list.

PET KENNELS VIP TREATMENT

The Pet Boarding Kennel's caring staff will assure that your pets get the special VIP treatment while you are on vacation, TDY or PCSing. Daily fees are \$15/dog kennel and \$10/cat kennel. Weekly, monthly fee are available. PCS status has priority. Call Trevor or Chris at 263-5915 for more information.

Camp & Wheels!

Summer Special on Vans & Gear!



3 May through 4 July

Weekend Package - \$125

Starts 4 pm, Friday & ends Sunday Night.

Weekday Package - \$105

Starts 10 am, Tuesday & ends 10 am, Thursday.

Both Packages Include:

- Van Rental Charges & Refueling
- 4-6 man Camping Tent
- 4 Sleeping Bags
- Battery/Propane Lantern
- Propane Stove
- Ice Chest/Beverage Cooler & Ice

** Packages may not be used in conjunction with Holidays.*

**Package price is only applicable towards dates and times listed above.*

F

FSSA (Family

Subsistence Supplemental Allowance).

FSSA was created by Congress to address the problem of service members having to use food stamps. If you are a lower enlisted Soldier with a large household, you could be eligible for this program. Please contact Patty Bellinger at 644-4378 for eligibility requirements.

Torii Station, Okinawa MWR Activities • 644-4270

ARMY COMMUNITY SERVICE

644-4110

• Family Advocacy

The Family Advocacy Program goal is to promote healthy families. In an effort to do this, Family Advocacy provides various services to enhance and improve family functioning. Family Advocacy focuses on prevention, intervention and treatment of domestic violence. The Reporting Point of Contact for Torii Station for suspected child or spouse abuse is the Military Police at 644-4715. The point of contact for program or resource information is Cheryl Hogan at 644-4106 or Janet Schnering at 644-4908.

• Exceptional Family Member Program

The Army Exceptional Family Mem-

ber Program (EFMP) is designed to assist families and support command readiness. Enrollment in the EFMP helps to ensure that service members are stationed where their families' special needs can be met. Special needs are ongoing need for medical treatment, psychological services and/or special education. The challenges of living with special needs have always been present, but the EFMP exists to address those issues in a responsible and compassionate way. Point of contact information or assistance is Cheryl Hogan at 644-4106.

• Consumer Affairs Program

This program was designed to help military families who have been treated unfairly. The unfair treatment may have occurred at the hands of an insurance agent, financial planner, sales personnel or others. If you fall into this category, please call the Financial Readiness Program Manager, Patty Bellinger, at 644-4378 for assistance.

• 1st Time Home Buyers Class

Ever wonder how much house you can afford? Come learn what to look for in a house, how to choose a real estate agent, how to make an offer, negotiating interest rates and much more. Don't miss this opportunity to make your dreams a reality. Call Patty Bellinger at 644-4378 to register. The training will be held in the ACS Conference Room, Building 236, 6 July, from 9 - 11 am.

• Budgeting and Planning

What is your debt to income ratio? How do you compare with your peers? Come learn how to figure your debt / income ratio. Learn to budget your finances and plan for your future. All this awaits you in the ACS Conference Room, Building 236, on 3 August, 9 - 11 am. Contact Patty Bellinger at 644-4454 to register today.

• Financial Planning and Basic Investing Class

The key to good investing is to have a good financial plan. If you are interested in investing, or if you want



Welcome!

Torii Beach "Rustic" Log Cabins are located on the beautiful Okinawa west coast, only 4km from Kadena.

Features

Each cabin will sleep up to six people (max four adults), and will be available for rent seven days per week. Each cabin includes amenities such as a private bathroom (shower, sink and toilet), indoor and outdoor furniture, refrigerator, microwave, coffee maker, television and VCR. Cabin reservations are seasonal: summer season, May - September (Sun - Sat), and winter season, October - April (Thu - Sun).

You May Bring

Personal hygiene items and food.

Things To Do

Torii Outdoor Recreation has a children's playground, basketball court, four beach volleyball courts and a 200 ft water slide.

Canopies, BBQ grills, coolers, kayaks, umbrellas and beach chairs are available for rent at the Beach Office (644-4696).

Dining

Dining is available at the Coral Cove Club (all season 644-4256), and Coral Cove Jr. (open during the summer season 644-4006).

Check In / Check Out

Visit the Torii SCUBA Locker to check in / out. Check in time is 3 - 5 pm, Thursday - Monday. Check out time is 11 am.

To Reserve

Reservations are first come, first served in a continuous 12 month format. Call Torii SCUBA Locker at 644-4290 or register in person at Bldg #T-315, Torii SCUBA Locker, Thursday - Monday, 10 am - 6 pm.

Fees

\$50 per night.

To make a reservation, call 644-4290

to see what steps you need to take to be ready to invest, we have the class for you. The Financial Planning and Investing Class will be held 17 August, 9 - 11 am, in the ACS Conference Room, Bldg. 236. Call 644-4378 to register.

- **Army Family Team Building**

Spouses! Sign up now for the next AFTB Level I Course offered 20 - 21 September. Plan now to attend this class and learn about Army life and how to maneuver through daily challenges by discovering how to decipher Army acronyms, utilize community resources and understand the goal and impact of the Army mission on family life. This is a fun way to learn how to become a successful Army family, and a great way to meet other Army spouses. For more information or to register, please call 644-4743.

- **Volunteer with AFTB!**

The Army Family Team Building Program offers many fun and exciting volunteer opportunities as well as some wonderful training in many areas. Call Debbi Coubrough at 644-4743 or stop by ACS, Bldg. 236, to find out more about Army Family Team Building and how you can get involved!

- **English Language Classes**

Improve your English language skills by attending ESL classes at ACS. Classes will be held throughout, July and August on Thursdays from 9:30 - 11:30 am. This is a relaxed and fun environment in which to practice English skills while making new friends. Please call Debbi Coubrough at 644-4743 to register.

- **Relocation Readiness Assistance Program 644-4385**

The Relocation Program assists soldiers and their family members with the stresses and problems they may encounter throughout their mobile military lifestyles. Relocation provides assistance to inbound and outbound individuals. Services include Newcomers Orientation, welcome packets, loan closet, sponsorship training and information about mili-

tary installations worldwide.

- **Welcome Packet**

If you are new to Okinawa or are sponsoring a new Soldier or family, ACS has information that will help make any Soldier's experience on Okinawa a more pleasant one. Please call ahead if more than 2 - 3 packets are needed.

- **Loan Closet**

ACS operates a loan closet for Soldiers, family members, and civilians in transition (incoming / outgoing). The items are loaned at no charge for up to 30 days. Extensions are granted if additional time is needed.

- **Sponsorship Training**

Learn to be an efficient and effective

sponsor to enhance the next incoming person's relocation experience. This training is mandatory for all Soldiers and civilians who will be tasked to be a sponsor. Training can be conducted for an individual or in a group session, as needed by the units. Call 644-4385 to make arrangements.

- **SPORTS, 644-4334**

Army Okinawa Payday Golf Scramble:

Monday, 11 July, 8 am, at the Banyan Tree Golf Course at Kadena
Team Composition: 3 or 4 person teams

Entry fee: E-4 and below: \$24

TORII STATION

NEWCOMER'S ORIENTATION

(Installation and local community information).

Monday, 18 July, 8:30 am - noon, ACS Conference Room

This briefing is mandatory for all Soldiers and civilians new to Okinawa. Spouses are welcome and encouraged to attend.

Receive free childcare by calling ACS at 644-4116. Come early, 8:30 am; continental breakfast will be provided.

Intramural Beach Volleyball



21 July - 31 August

- Games will be held on Weekdays at Torii Beach between 5 - 7 pm
- Register at the Torii Physical Fitness Center
- Entry deadline is Wednesday, 13 July
- For more information, 644-4334 or e-mail james.perry@okinawa.army.mil

■ Torii Station, Okinawa

MWR Activities • 644-4270

Other SOFA: \$27.50
MLC/IHA: ¥5,100 (\$51)
LN Guests: ¥9,800 (\$98)

Sign up at the Torii Station Sports and Fitness Center, Bldg 275, NLT COB 9 business days before the event. Call 644-4334 or e-mail james.perry@okinawa.army.mil for more information

Army Okinawa invites you to participate in our monthly Payday Golf Scramble. Come join us for a morning of recreational golfing at the Kadena's Banyan Tree Golf Course. The payday golf scramble is an excellent social event, designed to further encourage participation in the game of golf.

Sign up at the Torii Physical Fitness Center, Bldg 275.

For more information call 644-4334 or e-mail

james.perry@okinawa.army.mil

• **Torii Summer Triathlon**

Saturday 30 July, race starts at 8 am, entry fee is \$25.

Are you up for a challenge? The Torii Summer Triathlon may be just what you need to test your athletic abilities. Torii Station provides an ideal venue for this event. Come join us for a challenging day of swimming, biking, and running.

Application deadline: Friday, 29 July
Pick up an application at the Torii Physical Fitness Center today!

For more information, call 644-4334 or e-mail

james.perry@okinawa.army.mil

• **Swimming Pool, 644-4334**

The Torii Station swimming pool is the perfect place to cool off on those hot summer days. With a water slide, lap swim, free swim, and a baby pool, it has something for everyone.

AUTO CRAFT CENTER, 644-5612

• **Hours of Operation:**

Tue and Wed, CLOSED

Thu, Fri, Mon, 11 am – 8 pm

Sat and Sun, 9 am – 6 pm

PLEASE NOTE:

Clean up starts a half hour before closing.

• **Safety Orientation**

DA 3031-1 Qualifications Card for use of auto crafts is issued after a safety orientation given every day. This briefing is required before facility use. The Auto skills Center is available to solve your automotive problems. Your auto problems can be resolved with the help of our professionally trained mechanics. You won't find a better price anywhere on the island. Let our staff get you ready for your inspection. We can't do the inspection, but we can prepare you for it.

• **Classes: One-On-One**

One Class/\$20 a hour.

There is a class in different types of welding:

Gas Welding and Cutting

ARC Welding

MIG Welding

TIG Welding

Plasma Cutting and Safety Orientation is free.

OUTDOOR RECREATION

644-4698

• **New Hours of Operation:**

Summer (May thru October)

Open 7 days a week, 8 am - 7 pm

The water slide is open.

Sea turtles will start laying their eggs soon. Please help us keep the beach clean and protect nature.

CORAL COVE CLUB, 644-4017

• **All you can eat Pasta Bar**

Every Tuesday, 4 - 10 pm, only \$6.95 in the Seaview Lounge at the Coral Cove Community Club. Two kinds of pasta, marinara and alfredo sauces, a selection of meats and vegetables, garlic bread and a glass of wine.

• **Sunday Breakfast**

The buffet includes all of your breakfast favorites and an omelet station for only \$6.95. Children under 12, \$3.95; and children under 5 eat free.

• **BBQ Night at Torii Beach**

Every Thursday, 5 pm - 8 pm, at Coral Cove Jr on Torii Beach. Your choice of 8 oz ribeye steak, chicken breast, or mahi mahi. With sides of baked beans, dinner rolls, cole slaw

and a baked potato.

Reservations required by 4 pm the preceding Wednesday.

Call the Coral Cove at 644-4426 or 644-4400

Steak: \$9.75, Chicken: \$9, Mahi Mahi: \$8

FREE MOVIES

Torii Station free movies are showing at the Coral Cove Club. Look for schedules in the "Island Market", "This Week on Okinawa" and "Torii Newspaper".

ARTS AND CRAFTS CENTER

644-4303

Mon, Thu and Friday: noon - 8 pm

Sat and Sun: 9 am - 5 pm

Tue, Wed and Holidays: Closed

• **Classes and Services**

Framing and matting classes are available for all military patrons and family members. The wood working and ceramics departments are also available for your use.

LIBRARY, 644-4468

Enjoy the best DVD collection on Okinawa!

Hours are Tuesday through Saturday, 10 am - 7 pm. The library is located in Bldg. 248 across from the Education Center.

SCUBA LOCKER, 644-4290

We are now open extended hours on weekends; Saturday and Sunday 8 am - 6 pm, Monday, Thursday and Friday, 10 am - 6 pm. Don't miss the opportunity of a lifetime... Dive with a Whale Shark! The water is warming up so hurry and sign up for dive class. We have a seasoned qualified staff and offer everything from refreshers up to instructor level training. A limited time special offer from ScubaPro: you can receive \$150 back if you take a continuing education course plus purchase a new top of the line equipment. Visit the Scuba Locker for details. Did you know that the Scuba Locker offers free air fills to all ID card holders?

■ Directory of MWR Facilities & Additional Activities

DIRECTORATE OF MORALE, WELFARE AND RECREATION 263-7611

Army Community Services Branch

- **Army Community Services** 263-8327
Mon, Tue, Thu, Fri 0700-1700
Wed 0700-1500

ZAMA Golf Club

- Director of Golf** 263-4224
- Administrative Office** 263-4966
(All the following golf activities are open during lunch).
- Course/Starter** 263-4975
Mon-Fri 0700-1700
Weekends & US / Japanese Holidays 0600-1700
- Restaurant** 263-7665
Mon, Tue, Thu, Fri 0630-1700
Wed 0630-1800
Weekends & US / Japanese Holidays 0530-1700
- Pro Shop** 263-5284
Mon-Fri 0645-1700
Weekends & US / Japanese Holidays 0545-1700
- Driving Range** Unattended
Wed - Sat Sunrise-2200
Mon Sunrise-1930
Tuesday 1000-2200
Sun 1600-2200
- Chip Inn & Snack Stand** 263-5834
Mon-Fri 0800-1600
Weekends & Hol. 0700-1500

Community Operations Division

- **ADMINISTRATIVE OFFICE** 263-4452
263-5614
263-4780
- **BOWLING CENTER ZAMA** 263-4780
Mon-Wed, Sat-Sun 1100-2200
Thu & Fri 1100-2230
Holidays Closed
- **BOWLING CENTER DEPOT** 268-4954/4606
Tue - Sat 1100-2000
Sun - Mon Closed
- **ZAMA COMMUNITY CLUB** 263-4133
Lunch
Tue-Thu 1045-1315
Sunday Brunch 1000-1330
- Cashier & Game Rooms**
Sun-Thu 1000-2300
Fri 1000-0230
Sat 1000-0330
- Catering** 263-4204
Tue, Thu & Fri 0930-1730
Wed Apts Only
- Café Roberto**
Tue-Thu & Sun 1100-2200
Fri 1100-0100
Sat 1100-0100
- Cornerstone Game Room (no bar)**
Tue-Thu & Sun 1000-2300
Fri 1000-0330
Sat 1000-0230
- Eda's Seafood & Filet**
Thu & Sun 1700-2100
Fri & Sat 1700-2200
- Firelite Lounge**
Sun, Tue-Thu 1630-2300
Fri 1630-0330
Sat 1900-0230
- USA Dining Room**
Tue, Thu & Sun 1700-2100
Wed Closed
Fri-Sat 1700-2200
- **HOB NOB INN** 267-6097
Lounge & Game Room
Mon, Tue-Thu 1630 - 2100
Wed 1630 - 2300
Fri, Sat 1630 - 0100
Sat 1900 - 0100
Sun Closed
- Restaurant (Closed)**

■ SAGAMI LOUNGE 268-4954 268-4142

- Take Out**
- Lunch** Mon-Fri 1100-1300
- Dinner** Tue-Sat 1700-2000
- Lounge/Game Room**
Tue-Thu 1100-2200
Fri 1100-2400
Sat 1630-2300
Open during lunch

Community Recreation Division

- **ADMINISTRATIVE OFFICE** 263-7935
- **ARTS & CRAFTS CENTER** 263-4412
Mon-Tue Closed
Wed-Thu 1300-2100
Fri, Sat & Sun 1000-1800
Open during lunch
- **AUTO CRAFTS SHOP** 263-3615
Mon-Tue Closed
Wed-Fri 1300-2100
Sat-Sun 1000-1800
- **COMMUNITY CULTURAL CTR** 263-3939
Mon-Fri 0900-2045
Sat, Sun & Hol Closed
Open during lunch
- **INTERNATIONAL TOURS** 263-5273
Mon-Fri 1000-1800
Open during lunch
- **LIBRARY** 263-3517
Zama
Mon-Thu 1000-2030
Fri- Sun & Hol 1000-1800
Open during lunch
- Depot** 268-4523
Tue-Thu 1000-1800
Fri & Sat 0900-1700
Sun, Mon Closed
Open during lunch
- Sagamihara** 267-6603
Tue-Thu 1000-1900
Fri-Sat 0900-1800
Sun, Mon & Hol Closed
Closed for lunch 1400-1500
- **OUTDOOR RECREATION** 263-4671
US Holidays Closed
- Vehicle Rental/Equipment Rental**
Mon-Fri 0900-1730
Sat-Sun 0800-1600
Open during lunch
- Local Tours** 263-4671
Mon-Fri 0900-1730
Open during lunch
- Animal Boarding Kennels** 263-5915
Mon-Fri 1000-1700
Sat-Sun 1000-1600
Closed for lunch 1230-1330
- **POOLS** 263-5656
YANO 263-5037
Mon-Fri 0600-1800
Sat-Sun, Holidays 1000-1800
- SHA (Summer)** 267-6122
Mon-Tue & Fri 1200-1800
Sat-Sun 1100-1800
Wed-Thu Closed
- DEPOT (Summer)** 268-4840
Wed-Sat 1200-1800
Sun-Tue Closed
- **SPORTS/FITNESS CENTER** 263-4664
Zama
Mon-Fri 0530-2030
Sat-Sun, Holidays 1000-1800
- Sagamihara** 267-6762
Mon-Sun Open 24 hrs
- Depot** 268-4729
Mon-Fri 1100-2000
Sat-Sun 1000-1800
Holiday 1000-1800

Child and Youth Services Branch

- **ADMINISTRATIVE OFFICE** 263-5701
- **Child & YS Coordinator** 263-8086

(All the following CDC facilities are open during lunch.)

- Central Registration** 263-4743
Mon-Fri 0830-1730
- Depot Dev Group Home** 268-4625
Mon-Fri 0830-1730
- Sagamihara CDC** 267-6564
Mon-Fri 0530-1800
- Zama CDC** 263-4992
Mon-Fri 0530-1800
- **YOUTH SERVICES**
Depot Youth Center 268-4625
Zama Youth Center 263-4500
Mon-Thu 1430-2000
Fri 1430-2200
Sat 1200-2200
Sun 1400-1800
- School Age Services (SHA)** 267-6317
Mon-Fri 0630-1800
- Youth Sports** 263-5437
Mon-Sat 0900-1800
Open during lunch

■ ADMINISTRATIVE OFFICE 263-5962

Zama Lodging

- **ADMINISTRATIVE OFFICE** 263-3293
Reservation Desk 263-2775
Front Desk 263-3830
Open 24 hours/7 days a week

USAG-J Okinawa MWR

- **MWR OFFICE** 644-5396
- **ARMY COMMUNITY SERVICE**
Director 644-4110
Receptionist 644-4175
Relocation Coordinator 644-4385
Outreach/Volunteer Coordinator 644-4116
Finance/Consumer Affairs/AER 644-4378
School Liaison Officer 644-4908
Family Advocacy 644-4106
AF TB / AFAP Manager 644-4743
- **ARTS & CRAFT CENTER** 644-4303
Lobby 644-4706
- **CORAL COVE COMMUNITY CLUB**
Business Manager 644-4894
Lounge 644-4306
Cashier Cage 644-4426
Kitchen 644-4505
- **LIBRARY** 644-4468
Staff Room 644-5335
- **MARKETING** 644-4703
Commercial Sponsorship 644-4495
Graphic/Illustration 644-4665
- **MOVIE THEATER** 644-4381
- **SPORTS/OUTDOOR REC** 644-4144
Customer Svc/Pavilion Rental 644-4334
Sports Specialist 644-4797
Event Coordinator 644-4169
Swimming Pool 644-4389
Scuba Locker 644-4795
Retail Sales 644-4290
Equipment Issue 644-4263
Parks, Picnic & Beach 644-4698

Kure Harbor Club

- **MWR Office** 0800-1630 256-2580
256-2581
- **Outdoor Recreation** 0900/1700 256-2575
- **Dining Room**
Mon-Fri (Breakfast) 0700-0830
Mon-Fri (Lunch) 1130-1300
Tue-Sat (Dinner) 1630-2000
- **Bar**
Mon 1630-2000
Tue-Sat 1630-2200
- **PX / CLASS 6**
Mon-Fri 0900-1730
Sat 1130-1530



*The Independence Day Adult and Youth
"Firecracker Run" will be held on Monday, 4 July,
at Dewey Park.*

YOUTH information:

Event: 3K run or Walk (your choice),
starting time 7:15 am

Registration: until 30 June at
Resource and Referral Office, and
also on 4 July at Dewey Park, 6 -
6:45 am

Entry Fee: no fee; first 50 to sign-up
are guaranteed a t-shirt

Awards: 1st and 2nd place for both
boys and girls and in the following
age categories: 5 - 8, 9 - 12, 13 - 15,
and 16 - 18

For information, phone Stefan
Thompson at 263-5437

ADULT information:

Event: 5K Run, starting time 6:45 am

Registration / Packet Pickup: register
by Friday, 1 July (5 pm) at the Yano
Fitness Center Issue Counter. Packet
pickup at Yano on 1 July, 4 - 6 pm, or
at Dewey Park on 4 July, 6 - 6:45 am

Entry Fee: no fee; first 100 participants
to register are guaranteed a t-shirt

Awards: 1st and 2nd place in the men's
and women's divisions and for the
following age groups 18 - 29, 30 - 39,
40 - 49, and 50 plus (for those age 18
you must be out of high school)

For information, phone Andy Abear at
263-7980

Hawaiian Luau

Camp Zama Community Club
Ballroom

Saturday, 16 July
1800-2100

Call 263-4547 for details.



NATIONAL KIDSDAY

SATURDAY, 6 AUGUST, 11 AM - 5 PM, GAZEBO AREA (next to CCC)

WHAT IS NATIONAL KIDSDAY??

This is a day set aside each year to honor and celebrate our youth by spending meaningful and quality time with them.

Research has shown that because of the very busy daily schedules of both youth and their parents, the opportunities to spend meaningful time together have been significantly reduced. National Kidsday provides an opportunity to set aside a period of time for all to commit themselves to a quality experience.

Camp Zama's National Kidsday (for kids up to age 18) is being held in conjunction with the annual Bon Odori Festival, and all programs and activities will be held in the Gazebo area. Some activities tentatively planned (please see the August Bugle for the final schedule of activities and programs):

** free train rides ** sack races / face painting / egg toss ** bouncy castle / dunk tank

** door prize drawings for both youth & adults at 1300, 1500 & 1700 ** activities for both youth & their parents to foster interaction

For further information, please phone 263-4066

C a m p • Z a m a • D e w e y • P a r k

4th of July 2005

Monday, 4 July Dewey Park



| | | | |
|-------------|---|-------------|---|
| 0645 | Adult Firecracker Run Starts | 1345 | Sand Volleyball Starts |
| 0715 | Youth Firecracker Run Starts | 1345 | Gunny Sack Race (Youth) |
| 1130 - 1830 | Youth Games | 1345 - 1430 | Live Band |
| 1130 | Food Service Begins | 1400 | Canoe Relay Race |
| 1130 - 1830 | Lifetime Sports and Recreation Activities | 1430 - 1500 | DJ |
| 1200 - 1215 | Opening Remarks/Welcome | 1500 - 1530 | Watermelon Eating Contest (Youth & Adult) |
| 1215 | Water Balloon Toss (Youth) | 1500 | HMMWV Pull |
| 1215 - 1245 | Hula Dancing | 1530 - 1600 | DJ |
| 1230 | Climbing Wall Race | 1600 - 1630 | Hot Dog Eating Contest (must be at least age 12) |
| 1245 - 1300 | DJ | 1630 - 1715 | Live Band |
| 1300 - 1330 | Pie Eating Contest (Youth & Adult) | 1715 - 1740 | Jalapeno Eating Contest (must be at least age 12) |
| 1300 | Tug-O-War Competition | 1800 - 1830 | USARJ Band |
| 1330 | Golf Chipping Contest Starts | 1840 - 1850 | Commander's Cup Award |
| | | 1850 - 2005 | Charlie Nagatani Show |
| | | 2015 - 2040 | USARJ Band |
| | | 2040 - 2110 | Fireworks |
| | | 2030 | CZCC Opens |
| | | 2130 | Charlie Nagatani Show (CZCC) |



For more information, 263-4721